The Health Care Summer Institute
Program Description

University of Florida College of Medicine
Office for Diversity & Health Equity

PURPOSE & DESCRIPTION

The Health Care Summer Institute (HSCI) is a four-week residential program sponsored by the University of Florida College of Medicine, Office for Diversity & Health Equity. The purpose of the program is to provide an academic enrichment opportunity to rising junior and senior high school students who are interested in entering health related fields such as dentistry, nursing, medicine, pharmacy, occupational and physical therapy.

HCSI participants have the opportunity to take an Introduction to the Health Professions course, attend educational lectures, shadow health care professionals, improve academic test taking skills in a series of SAT preparation courses, and participate in social and team building activities. Participants must live in the West Florida, Big Bend, Suwannee River or Northeast Florida Area Health Education Centers (AHEC) Network Areas.

As the HCSI is a residential program, participants are housed in one of the dormitories on the University of Florida campus in Gainesville, Florida. Participants are provided with all meals, Monday through Friday in the hospital cafeteria and on weekends, as part of a bonding activity, participants assist the HCSI staff with meal preparation. Participants are supervised by HSCI staff, except while they are shadowing a health care professional. Additional educational offerings take place in classrooms housed in the medical education buildings of the University of Florida College of Medicine.

PARTICIPANT REQUIREMENTS & RESPONSIBILITIES

In selecting the undersigned participant, the HCSI has relied on the participant’s confirmation that he or she meets the following requirements:

(1) Completed 10th or 11th grade.

(2) A minimum overall grade point average of 2.5 or higher.

(3) Comes from an economically and, or educationally disadvantaged background.

(4) Has an interest in issues affecting underserved populations.
I. STUDENT’S INFORMATION: DEMOGRAPHICS

(Print legibly or Type)

Student’s Name (Last, First and Middle Initial) ___________________________ Social Security Number ___________________ Date of Birth (mm/dd/yyyy) ___________________

(Needed to create UFID)

Street Address/P.O. Box, City, State and Zip Code

Email Address: ____________________________________________________________

Home Telephone: ___________________ Cell Number: _______________________

Gender (Check):  ☐ Male  ☐ Female  Current Grade: _____  Graduation Year: _____

Household size: (Number of people currently residing in your household including yourself): ________

Number of siblings:  ☐ Brother/s  ☐ Sister/s

Are you first generation to pursue College in your family?  ☐ YES  ☐ NO

Geographic Location (circle one):

- Rural (of or relating to the country, country people or life, or agriculture)
- Urban (of, relating to, characteristic of, or constituting a city)
- Suburban (a: an outlying part of a city or town
  b: a smaller community adjacent to, or within commuting distance of a city
  c: the residential area on the outskirts of a city or large town)

You CANNOT have any other obligations such as online classes or activities while attending the HCSI. You understand and agree that if accepted, you will NOT participate in any other such obligation while attending the HCSI.

____________________________________  __________________________________
Student Signature                             Parent/Guardian Signature
II.  SCHOOL

Name of High School Currently Attending      County          Phone

Address                           City                            State                          Zip Code

III. CAREERS INTERESTS:
Please rank in order your top three areas of health career interests using the following scale:

1 = greatest interest          2 = second greatest interest       3 = third greatest interest

_____Dentist                              _____Occupational Therapist   _____Physician/Doctor  _____Rehabilitation Therapist

_____Hospital Administration    _____Pharmacy                         _____Psychologist           _____Science Researcher

_____Nurse                                  ____ Physical Therapist          _____Public Health         _____Veterinarian

_____Nutritionist                         _____Physician Assistant

Other, please specify______________________________

IV. ACADEMIC:

Unweighted GPA: ________ you must provide a copy of your OFFICIAL* transcripts with seal (no report card)

*Request from your guidance counselor

V. EXTRACURRICULAR ACTIVITIES:

Please list any clubs or organizations you participate in:

____________________________________________________________________________________________

Please list any community activities and volunteer experience that you have participated in:

____________________________________________________________________________________________

____________________________________________________________________________________________

____________________________________________________________________________________________

Do you need any accommodations, e.g. physical?  ☐ YES  ☐ NO
If yes, please explain: ________________________________________________________________________

________________________________________________________________________

VII. APPLICANT’S PERSONAL STATEMENT ESSAY

Please write an essay that explains why you should be selected to attend the Heath Career Summer Institute. Include in your essay your interest in pursuing a health profession, career aspirations, work/volunteer experience and other information that you would like the admissions committee to consider when viewing your application. Essays should be attached on a separate sheet of paper and should be typed, double spaced and in 12-point font. Essay should be approximately 300 words in length. **Handwritten essays will NOT be accepted. Please be sure to answer each of the following questions within your essay.**

1. Why do you want to attend the Health Care Summer Institute?
2. What are your current thoughts about attending college?
3. What is your current career goal(s) and why?
4. How does your family view education and your educational goals?
5. How has your cultural identity shaped your perspectives of the healthcare field?
6. What does underrepresented in healthcare mean to you?
7. How are you underrepresented?
8. If you were selected, what would be your expectation of the Health Care Summer Institute, and how will this experience help you to achieve your career goals?
I. PARENT/GUARDIAN INFORMATION:

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<th>PARENT/GUARDIAN 1</th>
<th>PARENT/GUARDIAN 2</th>
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<tbody>
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<td>Relationship to the student (Mom, Dad)</td>
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Student lives with the above person Y___ N____

*PARENT/GUARDIAN 1

* Occupation

* Employer

* Level of Education

* Annual Income

*PLEASE NOTE THAT THIS INFORMATION MUST BE COMPLETED AND IS REQUIRED FOR ELIGIBILITY*

II. CERTIFICATION OF APPLICATION (required)

If accepted, you will be asked to sign a Contract of Intent and submit a non-refundable $50.00 money order, along with all other required documentation, in order for your child to participate in this program.

I grant permission for my son/daughter to apply to the Health Care Summer Institute (a four week residential summer camp at the University of Florida in Gainesville).

I hereby affirm that all information submitted in this application is true and accurate to the best of my knowledge. I understand that falsifying information on this application will result in my being disqualified from the application process.

Applicant Signature  Date

Parent/Guardian Signature  Date
2019 HEALTH CARE SUMMER INSTITUTE

VII. HIGH SCHOOL TEACHER’S RECOMMENDATION:

Teacher: Please complete recommendation form, sign over sealed envelope and return to student

____________________________________________
Student’s Name (Last, First, Middle Initial)

You have been selected as a reference by a student who is completing an application to attend the Health Care Summer Institute. This is a four week residential camp for rising high school juniors and seniors who are interested in pursuing a career in the health professions. The camp provides shadowing opportunities, information on various health careers, an SAT preparatory course and social activities. You input is very important to us as space for this camp is limited. Please complete this form and return it to the students for submission with his/her application.

Teacher’s Name_______________________________  Subject__________________________

Phone_______________________________________  Email___________________________

Please rate the student in the following areas:

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<th>Excellent</th>
<th>Above Average</th>
<th>Average</th>
<th>Fair</th>
<th>Poor</th>
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Please comment on this student’s interest to pursue post-secondary education.

__________________________________________________________________________________________

__________________________________________________________________________________________

Please comment on this student’s ability and willingness to follow rules.

__________________________________________________________________________________________

__________________________________________________________________________________________

What is your overall assessment of this student as a candidate for the Health Care Summer Institute?

__________________________________________________________________________________________

__________________________________________________________________________________________

________________________________________ _____________________________  _______
Signature (Teacher)     Printed Name (Teacher)    Date
2019 HEALTH CARE SUMMER INSTITUTE

VIII. SECOND LETTER OF RECOMMENDATION:
From: Community Leader, Academic Advisor or Employer

Please complete recommendation form, **sign over sealed envelope** and return to student

_______________________________
Student’s Name (Last, First, Middle Initial)

You have been selected as a reference by a student who is completing an application to attend the Health Care Summer Institute. This is a four week residential camp for rising high school juniors and seniors who are interested in pursuing a career in the health professions. The camp provides shadowing opportunities, information on various health careers, an SAT preparatory course and social activities. You input is very important to us as space for this camp is limited. Please complete this form and return it to the students for submission with his/her application.

Name_______________________________________School__________________________________________

Phone_______________________________________Email__________________________________________

Please rate the student in the following areas:

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__________________________________________________________________________________________

__________________________________________________________________________________________

Please comment on this student’s ability and willingness to follow rules.

__________________________________________________________________________________________

__________________________________________________________________________________________

What is your overall assessment of this student as a candidate for Health Care Summer Institute?

__________________________________________________________________________________________

__________________________________________________________________________________________

_______________________________ _____________________________  _______
Signature      Printed Name     Date
Note: If accepted, you will need to provide the following:

1. Proof of Immunizations (including)
   A. Tdap
   B. MMR (two doses)
   C. Varicella (two doses)
   D. Hepatitis B (three doses)
   E. Menactra (one dose)
   F. PPD (must be less than 1 year old from the start date of the institute)

2. Medical Insurance

Part of the Health Care Summer Institute involves Shadowing. Shadowing involves being with patients and healthcare professionals. Therefore, you will need to bring professional clothing for the time you will be involved with patients. Please see the dress code below. This is mandatory, no exceptions!

**Professional Attire:**

**Females:**
- Dresses with sleeves (if sleeveless, need to wear a jacket); NO exposed shoulders.
- Long pants or skirts; no shorter than 2 inches above the knee (skirts) or ankles (pants).
- Shirts or Blouses; (no spaghetti straps, halter tops, tank top or see-through).
- Undergarments should not be visible.
- Closed-toe shoes, preferably a black or brown dress shoe (no sneakers).
- Shoes should be comfortable, since students will be standing for long periods and walking.
- Mini-dresses, mini-skirts, body hugging or tight dresses, crop pants are not allowed for shadowing.

**Males:**
- Men, dress slacks that fall at the ankle or longer. Capri or crop pants are not allowed.
- Dress shirts with a collar
- Closed-toe shoes, preferably a black or brown dress shoe (no sneakers)

*Dress code for all other scheduled HCSI activities:*

**Males:**

*Shirts:* can be either with or without a collar, as long as they are neat and do not contain any offensive language or pictures. No sleeveless or muscle shirts allowed. No athletic jerseys.

*Pants:* should be neat, worn at the waist with or without a belt. No holes or frayed edges. (No shorter than 2” above the ankle)

*Shorts:* must be worn at the waist, with or without a belt. No running or athletic wear allowed. No holes or frayed edges. (No shorter than 2 inches above the knee for both males and females).
Females:

**Shirts:** With or without a collar, as long as they are neat and do not contain any offensive language or pictures. NO sleeveless, spaghetti straps, strapless tops, or see through are allowed. NO midriffs should be shown whether you are sitting, standing or reaching. Neck lines should not show cleavage whether you are sitting standing, bending or reaching.

**Shorts:** Should be walking or Bermuda shorts in length. No more than 2 inches above the knee. Capri’s are welcome. They shall not be tight or form fitting. NO leggings or tights, spandex, running, volleyball or cheerleader type shorts are appropriate.

**Dresses:** No strapless, low cut, see through are allowed. Dress length should be below the knee, or no more than two inches above the knee.

**Shoes:** Closed toe shoes are preferred. Sandals are allowed. No flip flops, slides or beach wear, or bedroom shoes allowed.

*Most of your classes will be in air conditioning buildings which tend to run cool. T-shirts and jeans are appropriate as long as they do not have any holes or frayed edges

**PLEASE RETURN YOUR COMPLETED APPLICATION** AND ALL ATTACHMENTS TO:

University of Florida College of Medicine  
Office for Diversity and Health Equity  
Attention: Health Care Summer Institute  
P.O. Box 100202  
Gainesville, Florida 32610-0202

* ONLY FULLY COMPLETED APPLICATIONS WILL BE CONSIDERED.  
PLEASE INDICATE YOUR T-SHIRT SIZE: (SEE CHART BELOW) ________

**SIZE GUIDE:**

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<thead>
<tr>
<th>SIZE</th>
<th>MEN</th>
<th>WOMEN</th>
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<tr>
<td>SMALL</td>
<td>34-36</td>
<td>6-8</td>
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<tr>
<td>MEDIUM</td>
<td>38-40</td>
<td>10-12</td>
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<tr>
<td>LARGE</td>
<td>42-44</td>
<td>14-16</td>
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<td>X-LARGE</td>
<td>46-48</td>
<td>18-20</td>
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<td>2X</td>
<td>50-52</td>
<td>22-24</td>
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